



Recreation

Program

Provide safe, inclusive, creative recreation programs and events for youth and Elders that increase resilience and create a sense of belonging. The program aims to improve general fitness and quality of life of community members.

WHAT SERVICES ARE OFFERED

- After school program for youth
- Activities for Elders
- Community events
- Youth leadership opportunities
- Day camp

WHO THE PROGRAM IS FOR

- Biigtigong Nishnaabeg community members (all ages)

WHERE THE PROGRAM IS OFFERED

- Youth Centre
- On the land

AFTER SCHOOL PROGRAM

- Recreational activities that promote sport and outdoor play (e.g. winter walking for all ages & sports night)
- Land-based activities (e.g. hikes at Pukaskwa)
- Free play that is child-led
- Connect youth to culture and language
- Provide a safe, inclusive space at the Youth Centre
- Cooking programs

ACTIVIES FOR ELDERS

- Elders tea time & meals
- Creative, art opportunities
- Activities that promote health and wellness of Elders
- Land-based programs

COMMUNITY EVENTS

- Events that are based on community needs
- Halloween Walk & Indigenous People's Day activities

YOUTH LEADERSHIP

- Youth employment opportunities
- Empower youth leadership and resiliency skills

DAY CAMP

- Summer day camp led by recreation & summer students
- Monday-Friday during July and August



Contact us: ☎ 807-229-1836 or 📠 807-229-3367