




Community Health and Wellness Transportation

Transportation for community members and home and community care clients to access health and social services within the community or in Marathon.

EXAMPLES OF SERVICES YOU CAN REQUEST TRANSPORTATION TO

- Grocery shopping
 - Marathon Food Bank
 - Health and Social Services events held in community
 - Children's Oral Health Initiative (COHI) appointments
 - Hospital visits
 - Service Ontario
 - If you are not able to travel due to physical limitations, grocery pick-ups are available. Please purchase groceries online, and schedule a pick-up time with your Health and Wellness Driver.
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ACCESS TO THE MARATHON FOOD BANK

Individuals wishing to access the Marathon Food Bank can call the Health and Wellness Driver or make an appointment. First come first serve.

HOW TO ACCESS

- Call the Community Health and Wellness Driver to make a reservation.
- Available Monday, Wednesday and Friday



MEALS ON WHEELS

Meals on Wheels is a program to assist eligible community members access healthy cooked meals.

WHO QUALIFIES

- Home and Community Care clients
- Community members who live with chronic illness

For those who do not meet the requirements, but have interest, please contact us.

ABOUT

- Receive 5 frozen dinners once per week (20 meals, 20 soups, 20 salads a month).
- Dietary needs can be accommodated (diet examples: low salt, diabetic, cardiac, high fibre, lactose free, low protein etc.).
- Meals are prepared at North of Superior Health Care Group.

COST

\$50 per month

HOW TO ACCESS:

1. Call the health centre
2. Fill out an application
3. Delivered to your home every Wednesday from 2:00PM-4:00PM



Contact us: ☎ 807-229-1836 or 🏠 807-229-3367