



Community

Health Services

Health promotion and prevention services provided to community members across the lifespan to support overall good health.

SERVICES OVERVIEW

- Health Promotion and Injury Prevention
- Prenatal and Maternal Health
- Infant and Preschool Health
- School Health
- Vaccine Preventable Disease Program

HEALTH PROMOTION AND PREVENTION

Collaborative activities that promote to mno-bmaadzid (live a good life) and healthy ways of being that include physical activity, healthy eating, and harm reduction strategies such as the naloxone kit distribution, safe needle drop off and free sharp containers.

PRENATAL AND MATERNAL HEALTH

Prenatal Teachings

- Individual teaching program for expectant mothers based on mother's needs.
- When you access this program, you will receive milk coupons and monthly good food bag.
- Fetal Alcohol Spectrum Disorder (FASD) prevention, education & support.

Breastfeeding Support

- One on one support with breastfeeding

INFANT AND PRESCHOOL HEALTH

Well Baby Visits

The Community Health Nurse answers parent's questions and checks your child's health, growth and development.

Baby Food Workshops

- Learn to make healthy, homemade baby food and receive produce and cooking supplies.

SCHOOL HEALTH

- Health teachings to support the good life
- Rapid school checks every year
- School immunization program

VACCINE PREVENTABLE DISEASE PROGRAM

- Support the prevention of infectious diseases.
- Immunizations and seasonal influenza vaccines for all ages.

SEXUALLY TRANSMITTED INFECTIONS & BLOOD BORNE DISEASE PREVENTION

- Harm reduction supplies
- Information & resources for support

COMMUNICABLE DISEASE EMERGENCIES

- Contact tracing & support
- Vaccines where applicable
- Pandemic planning

