

A community-based program that focuses on preventing dental disease in children from an early age using a culturally safe and trauma informed approach. A Registered Dental Hygienist & COHI Assistant work together with community partners to provide the program.

### WHO THE PROGRAM IS FOR:

- · Children from birth until they graduate grade 8.
- Parents, caregivers and pregnant women are provided health teachings.

# **SERVICES PROVIDED**

- Dental screening (check-up)
- Fluoride varnish
- · Silver Diamine Fluoride
- Sealants
- Interim Stabilization Therapy (temporary fillings)
- · Referrals for treatment
- Help to navigate government dental programs
- Health teachings using a blend of Indigenous and western ways of knowing

# **HOW COHI MAKES A DIFFERENCE**

- Improves access to dental care.
- Improves oral health and quality of life for children.
- Helps prevent and manage the severity of cavities.
- Raises awareness about how oral health is integral to overall health.



## **SCREENING**

A visual inspection of the teeth and gums.



#### **FLUORIDE VARNISH**

A protective coating that helps prevent cavities.



# **SEALANTS**

A plastic coating that is put on the grooves of molars to help prevent cavities.



# SILVER DIAMINE FLUORIDE & TEMPORARY FILLINGS

Non-invasive dental procedures that can be done to stabilize teeth that have small cavities.

#### WHERE ARE THE SERVICES PROVIDED?

 At the school, learning center and Biigtigong Mno-zhi-yaawgamig dental clinic.

# ORAL HEALTH PROMOTION

- Health teachings.
- Pregnant
  women receive
  a "welcome
  baby bag" that
  includes cultural
  books and oral
  health supplies.
- We collaborate with others on health promotion activities including Baby Food Workshops.

